

CCCP



collaborative clinical pathways News

November 2018



Thank you for your patience as we transition from one Pathways site to another.

Our CCP team, along with other MidCentral District personnel, have been working closing with our Central District colleagues in Whanganui and Hawke's Bay to determine whether to have a combined HealthPathways site. A workshop was held in August with key personnel and included:

- ◆ a morning session with the HealthPathways team
- ◆ lessons learnt from Midlands who moved across to HealthPathways in June 2018
- ◆ robust discussion around the table

Recently MidCentral and Whanganui have agreed to a collaborative Central Districts platform, pending respective District's sign-off. We have confirmed with HealthPathways we will be joining the HealthPathways community. We have a bit of planning and preparation to do and anticipate launching our Central Districts HealthPathways site in May/June 2019.

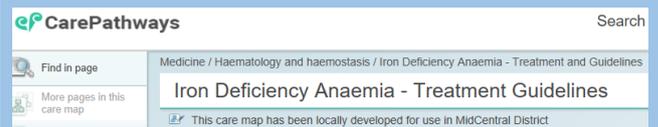
Our transition site, MidCentral Pathways (<http://carepathways.waikatodhb.health.nz>), has been confirmed through to June 2019. Whilst we are unable to update content on this site, we are maintaining a change request register. Feel free to send any feedback to ccp@centralpho.org.nz.



Iron infusions in the community rapidly increasing

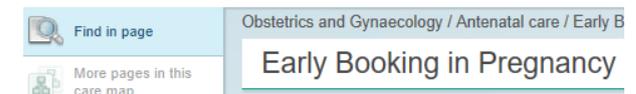
Over 210 iron infusions have been administered in the community through the POAC programme since the pathway was first published in September 2018. Recent Hospital-Outpatient data indicates that dispensing has reduced by about 40 units pm. This is a huge accomplishment, and feedback across all providers has been very positive. It's great to see some sites with dedicated clinics to manage the volumes coming from across the district (i.e. from non-POAC sites/MCH inpatient services and Lead Maternity Carers).

For further information about how to refer a patient for an iron infusion in the community, refer to the '**Iron Deficiency Anaemia - Treatment Guidelines**' pathway. Once the pathway is displayed on your screen, go to the 'Find in page' function and type 'referral centres'.



Here's a **Tip!** Quickest method for finding content or links in a pathway

1. Go to the pathway you wish to view e.g. Early Booking in Pregnancy.
2. Go to the left-hand panel and select 'Find in page'.



3. Type your search term(s) into the search box e.g. 'assessment form'.
4. Hit the 'enter' key or click the 'Find in page' button.
5. Select the hyperlink(s) for the box you wish to view.
6. Go to the pop-up box and locate the form.



If you have any questions, comments, concerns, feel free to email us at:

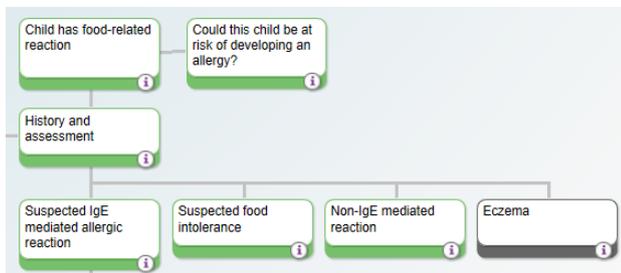
ccp@centralpho.org.nz

DID YOU KNOW?

1/20 children have food allergy?

ASCIA reports that the incidence of food allergy is increasing. At the September Child Health Forum, MidCentral's 'Food Allergies in Children' pathway was launched. The pathway:

- ✓ differentiates between IgE and non-IgE mediated reactions
- ✓ provides guidance on testing and interpretation of results
- ✓ outlines key management principles including specific guidelines on each of the 8 most common food allergens in children
- ✓ clarifies referral pathways and criteria for Child Health and Dietetics (community and secondary)

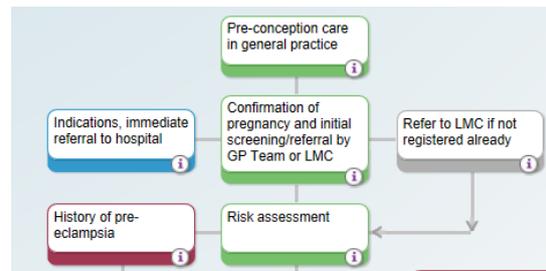


(A snapshot: "Food Allergies in Children" pathway)

LMC Shortage

15 Dec 2018 — 15 Jan 2019

A memo from the Women's Health Unit, MidCentral DHB was released (dated: 13th June 2018) regarding the LMC shortage during 15 Dec 2018 – 15 Jan 2019. **General Practice Teams are being asked to offer and undertake the screening that is available to women up to 14 weeks of pregnancy** – this will ensure the women do not miss out on available screening tests. MidCentral's "Early Booking in Pregnancy – First Trimester" pathway provides guidance regarding first trimester screening and access to an assessment form.



(A snapshot: "Early Booking in Pregnancy – First Trimester" pathway)

NB: There is funding available through section 88 for maternity first trimester non-LMC visit up until the end of 14th week of pregnancy.

Medicines Optimisation and Review



New research from Otago University shows that older persons taking multiple high-risk medications for sleeping, pain or incontinence are twice as likely as others to fall and break bones, with many dying within a year of their injury. The University of Otago study is the first in the world to measure the impact of taking multiple medications on fractures in the elderly. In elderly, 90 per cent of fractures are the result of a fall. Between 20 and 30 per cent of elderly die within a year of suffering a fracture.

A key message to elderly patients is rather than stopping medications, they should be encouraged to regularly visit their general practice team and request a regular medication review so that all medications are closely monitored and optimised before they are prescribed.

MidCentral's "Frailty – Management", "Falls in Older People" and "Osteoporosis and Fracture Prevention" pathways promote targeted medicines reviews and feature guidance on how to conduct these reviews in primary care and links to key resources for supporting stopping medicines in older people (when viewing these pathways, use the 'find in page' button to search for 'medication review' information). Other useful information links include:

- ♦ <https://choosingwisely.org.nz/professional-resource/anzsgm/> (for the clinician)
- ♦ <https://choosingwisely.org.nz/patients-consumers/> (for the patient)

Pathway Spotlight

November is

Lung Cancer Awareness Month

Five Kiwis die from lung cancer every day (Lung Foundation NZ). Even healthy people can develop lung cancer.

MidCentral's "Lung Cancer—Suspected" pathway features the following best practice evidence-based guidance:

- ✓ Possible presentations of lung cancer
- ✓ Red flags that signal that the patient requires immediate hospitalisation
- ✓ Differential diagnoses
- ✓ High suspicion of lung cancer definition
- ✓ Pathway when result of chest x-ray is known and when to refer to Respiratory Service for further investigation
- ✓ Referral guideline and form to the Respiratory Service to request a chest CT scan
- ✓ Supportive care information including the Lung Care Coordinator role
- ✓ Locally developed patient information resource – 'diagnosing your lung disease (including lung cancer)'

A lung cancer patient toolkit is available from www.lungfoundation.org.nz/resources/